

WINTER-SPRING 2026

269-968-8249 www.cirfun.org Community Inclusive Recreation Battle Creek, MI 49037

Dear Friends,

As we celebrate our 31st year, we're proud to reflect on all we've accomplished together at CIR. From our humble beginnings, we've grown into a large, vibrant community where people of all abilities can come together to enjoy recreation, education, and the arts.

This catalog is filled with activities that reflect our mission of inclusion, creativity, and empowerment. Each program is designed to help individuals discover new things, express themselves, and connect with others and our community in a meaningful way. None of this would be possible without the dedication of our staff, volunteers, families, and participants. Your support makes our work possible, and we are so grateful for the opportunity to continue serving this amazing community.

As we look forward to the year ahead, we remain committed to providing more opportunities for people of all abilities to thrive. We hope you'll join us in making this year another exciting chapter in our story of inclusion and belonging.

Thank you for being part of our journey. Here's to a wonderful 2026!

Warmly,

Rhonda Ostrander-Cook

Executive Director

Community Inclusive Recreation

BOARD OF DIRECTORS

331 Jackson St. W. Battle Creek, MI 49037

www.cirfun.org

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MONDAY



Cooking: Basic Cooking

Jan 5 - Feb 9
10am-12pm
Chapel Hill Church
\$15/week
If you don't know the
difference between
saute and boil - this
class is for you! Join us
to learn the things you
need to know in your
kitchen to make
delicious meals!



Cooking: Comfort Foods

Feb 16 - March 30

10am-12pm
Chapel Hill Church
\$15/week
In the middle of winter
nothing is better than meals
that are warm and toasty.
Soups, stews and all sorts of
comfort foods are on the
menu in this class.



Cooking: Mystery Cooking

April 6 -May 11
10am-12pm
Chapel Hill Church
\$15/week
Each week we will try
something new! Come
and create a tasty
surprise.

Please note that this program will be offered on Monday & Tuesdays due to the number of participants and the kitchen size. The group will be divided geographically, please sign up only once.



Cooking: Eating Healthy

May 18 - June 22

10am-12pm
Chapel Hill Church
\$15/week
Just as warm weather arrives
we are offering cooking with
healthy options. Fresh,
delicious foods that are
nothing but good for you are
what we will create
each week.

MONDAY



Bowling
Jan 5 - June 22
4-6pm
M-66 Bowl
\$15/week
Join the CIR Bowling
League! Each week we
bowl 2 games (includes
shoes) and have a great
time. Transportation fills
up fast so sign up early!

Please note that
this program will
be offered on
Monday & Wednesday
due to the
sheer volume
of participants.
The group will be divided
geographically, please sign up
only once.



TUESDAY



Cooking: Basic Cooking

Jan 6 - Feb 10
10am-12pm
Chapel Hill
Church
\$15/week
If you don't know the
difference between
saute and boil - this
class is for you! Join us
to learn the things you
need to know in your
kitchen to make
delicious meals!



Cooking: Comfort Foods

Feb 17 - March 31 10am-12pm

Chapel Hill Church \$15/week In the middle of winter nothing is better than meals

that are warm and toasty.
Soups, stews and all sorts of
comfort foods are on the
menu in this class.



Cooking: Mystery Cooking

April 7 - May 12 10am-12pm Chapel Hill Church \$15/week Each week we will try something new! Come and create a tasty surprise.



Cooking: Eating Healthy May 19 - June 23

10am-12pm Chapel Hill Church \$15/week

Just as warm weather arrives we are offering cooking with healthy options. Fresh, delicious foods that are nothing but good for you are what we will create each week.

Please note that
this program will be
offered on Monday
& Tuesday due to
the kitchen size.
The group will be
divided
geographically,
please sign up only
once.

TUESDAY



Fantasy Art

Jan 6 - March 31 10am-12pm Trinity Community Center \$15/week

Are you a fan of dragons, unicorns, or comic book heros? This art class explores all kinds of fantasy characters and worlds while creating amazing art!

Art Thru The Ages

April 7 - June 23 10am-12pm Trinity Community Center \$15/week

Travel back in time to explore the creativity of the human spirit and make your own masterpieces inspired by great artwork of the past.





Movie Night

Jan 6 - June 23 4-6pm Trinity Community Center \$10/week

Enjoy a recent release with friends, popcorn or snacks.
The perfect way to spend an evening.

Cardio Drumming

Jan 6 - June 23 4-6pm CIR Building \$12/week

Cardio drumming, seated fitness, Zumba, tai-chi, tae bo and more! All abilities are welcome!



WEDNESDAY



Walking Club

Jan 7 - June 24 10am-12pm Various Locations \$10/week

Time to put in some steps and get fit! Or just walk at a nice leisurely pace and enjoy the sunshine! Either way, it's a great way to hang out with friends and get healthy.

Join us!





Bowling

Jan 7 - June 24
4-6pm
M-66 Bowl
\$15/week
Join the CIR Bowling League!
Each week we bowl 2 games
(includes shoes) and have a
great time. Transportation fills
up fast so sign up early!

Please note that this program will be offered on Monday & Wednesdays due to the sheer volume of participants. The group will be divided geographically, please sign up only once.

THURSDAY



Explore Art

Jan 8 - March 26 10am - 12pm Trinity Neighborhood Center \$15/week

Let's try a little of all kinds of art projects! Painting, sculpture, paper art - something new every week.

Music Lovers

Jan 8 - June 26 4-6pm

Trinity Neighborhood Center \$15/week

Karaoke anyone? Come sing, dance and have a good time with friends! Always lively and fun!





Flag Football

May 7 - June 25 10am - 12pm Riverside Elementary \$15/week

Sculpture
April 2 - June 25
10am - 12pm
Trinity Neighborhood Center
\$15/week





A Little of This and That

Jan 8 - April 30 10am - 12pm Various Locations \$15/week A variety of everything CIR has to offer wrapped up in one

offer wrapped up in one program. We will explore a variety of activities such as art, music, and cooking as

well as field trips. Its a new adventure every week!

FRIDAY



Adulting 101

Jan 9 - April 24 11am - 1pm Trinity Neighborhood Center \$15/week

Come learn important skills to help you achieve a more independent lifestyle. We will be learning about money management, better communication, cooking, job skills and more.

Adventure Club May 1 - June 26 11am-1pm Various Locations \$15/week We will be going on many different trips and adventures of all kinds! Every week will be a new exciting experience including hiking, swimming, movies, kayaking and a variety of different sports



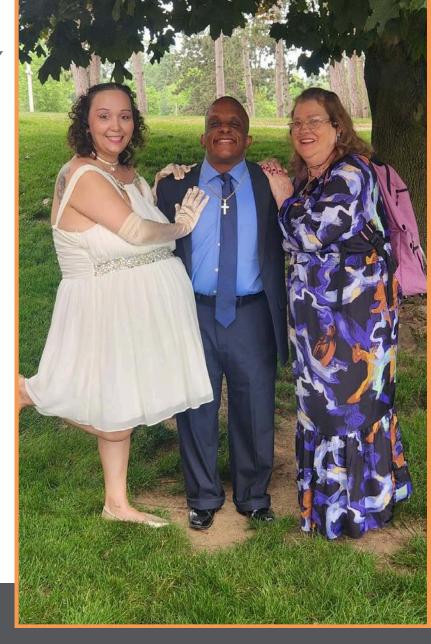
FRIDAY

Dances

5-7pm **Location Varies** \$10/person

Come and have a blast with DJ April Jackson at monthly themed dances. It's the perfect way to start a weekend.

Jan 16 - PJ Party Feb 20 - Don't Worry, He Нарру March 20 - Let's Wear Green!!! April 17 - Super Heros May 15 - Flower Power June 19 - Prom





BINGO

Jan 23, Feb 27, March 27 5-7pm **CIR Building** \$12/week Old fashioned Bingo Hall fun! Come play, grab a snack and win prizes.

April 24, May 22 5-7pm

CIR Building \$12/week

Watch nationally known comics cut up! It's a laugh a minute with our Comedy Night viewing.



SATURDAY



Saturday Art Series

Jan 10, Feb 7, March 7, April 4,
May 2, June 6
11am-1pm
CIR Building
\$15/day

Our once a month art class designed just for you! Each month is a different project to 'make and take home'.

Loads of fun.



Cyber Saturday

Jan 10, Feb 7, March 7, April 4, May 2, June 6 1-3pm

> CIR Building \$15/day

Video games, computer fun! Spend a couple of hours in virtual heaven playing with friends.





Battle Creek History Museum

Jan 17

12-2pm

Battle Creek History Museum

\$15/person

Spend a little time exploring a little about our city's past. Guided tour.



Ice Skating

Jan 25

4-6pm

The Rink

\$15/person

Whether you are a seasoned skater or a beginner, skating at the Rink can be a lot of fun. Dress warm and come to have a good time.



WMU Women's Basketball

Jan 24

Start time 3:30pm

Western MI University

\$15/person

Let's go cheer for the Lady Broncos!
Women's Basketball is the latest trend in
popular sports. Let's go have a good time
in Kalamazoo



Let's Go To The Movies

Feb 6

Time TBD

JC Cinema

\$20/person

Popcorn and drinks provided.



Kalamazoo Valley Museum/Planetarium

Feb 14 1:30-3:30pm

Kalamazoo Valley Museum \$15/person

This Kalamazoo trip never disappoints!
Explore the museum and see the stars at
the Planetarium on Valentine's Day!



KWings

March 8

Start Time 3pm

Kalamazoo

\$25/person

Let's go cheer for our Kalamazoo hockey team! One of our favorite field trips each year! Fills up fast so sign up soon.



Que The Creek

Feb 28

4-6pm

Kellogg Arena

\$15/person

BBQ and music at this new annual downtown event. Bring a little money to explore the food vendors competing for best BBQ in town!



Airway Lanes

March 13

2:30-5pm

Kalamazoo

\$15/person

Bowling at Airway in Kalamazoo is the best! Come play two games someplace new!



Battle Creek Symphony Orchestra

April 11 Start Time 7:30pm WK Kellogg Auditorium \$15/person

Presents The Dream of America. This performance will include music, theater, the powerful history of Ellis Island and what it means to be an American. Come with us to celebrate our country's rich history



Kellogg Bird Sanctuary

April 12 12-2pm Kellogg Bird Sanctuary \$15/person

Spring is here and the birds are chirping! Let's take a nature walk/tour through this beautiful park.



Showstopper Dance Competition

March 14 1-3pm Kellogg Arena \$15/person Join us for a day of lights, music and lots of competitive dancing!



Renaissance Faire

May 9 11am-1pm Turkeyville \$15/person

Let's take a trip to the past with Kings, Queens, pirates, court jesters and vendors selling their wares. Always a great time!



Detroit Lions VS FOP Basketball

May 9 7-9pm Harper Creek Highschool \$15/person

This annual event is so much fun!
Watch retired Detroit Lions Players
against local police for charity!



Battle Jacks

Date TBD Time TBD Bailey Park

Hometown Heros playing at Bailey Park! Let's watch the game and sing 'take me out to the ballgame'!

\$15/person



Lugnuts

May 17
Start Time 1pm
Lansing
\$25/person

Let's take a trip to beautiful downtown Lansing to see the Lugnuts play baseball!



Disaster The Musical

March 14

Start Time 7:30pm

KCC Binda Theatre

\$15/person



Pow Wow

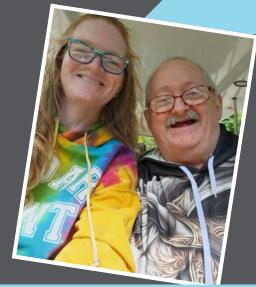
June 20

11am-1pm

Pine Creek Reservation

\$15/person

Nottawaseppi Huron Band of the Potawatomi Annual Pow Wow at the Pine Creek Indian Reservation in Fulton, MI. This public event includes dancing, drumming, food and culture.







Follow us on Facebook for the most up-to-date announcements and photos from our events!



POLICIES & PROCEDURES

Medication Administration

In order to focus on safe and efficient medication administration at CIR, medications or medical devices used during program hours require a completed and signed 'Permission to Administer Medication' form.

Note: There will be no oral permission to administer medication.

Cancellation Policy

Participants who are registered for a class or event and are unable to attend are required to notify CIR within 24 hours of the program. For any cancellation please call 269-968-8249 and leave a message with the appropriate program coordinator.

FOR TICKETED EVENTS, you must notify the program coordinator by the end of business day the Thursday before the event. If you no call/no show for an event that the tickets have been purchased in advance for, you will lose the option to attend in the future.

Weather Related Cancellation

Classes and events may be cancelled due to weather conditions. If this should occur, CIR will notify you 3 hours prior to the scheduled program. If the CIR office is closed due to weather, please look on CIR's Facebook page for up-to-date information.

Transportation Policy

Transportation is a privilege and generally has a waiting list. If you need to cancel your ride to an activity, we require a minimum 3 hour notice.

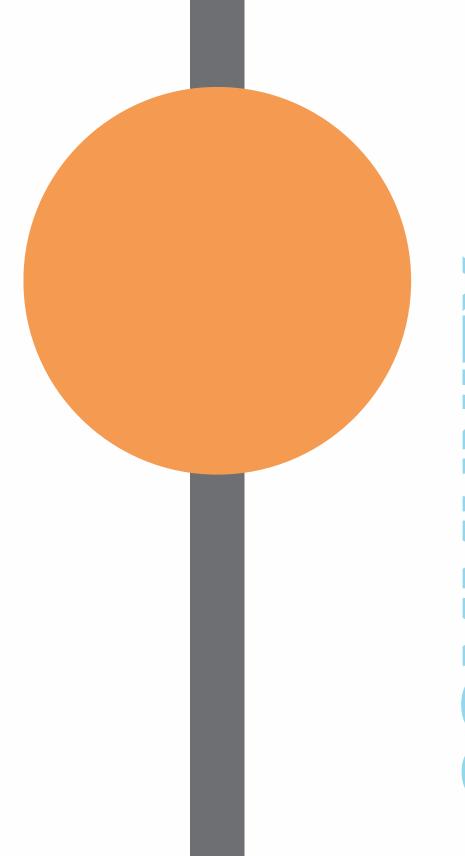
Accumulating 3 no call/no shows for pickup could result in suspension or loss of transportation for the season. Please call the appropriate program coordinator at 269-968-8249 and leave a message to cancel your ride.

Behavior Policy

Respect other participants and staff while attending programs.
This means no foul language, fighting, arguing, or bullying allowed.
Failure to follow this policy will result in warnings, or even suspension from classes and events. CIR reserves the right to refuse services to participants, if necessary.

Payment Policy

You may pay in full or make payments in advance for an activity. Payments may be made in the form of a check payable to CIR, money order, credit card, or by cash. Payment is due at the time of service (contract services excluded). Please note that payment must be made within 30 days of an invoice. If you are a participant who receives services for recreation, arts or health and wellness programs through Summit Pointe, you must stay within the limits of your authorization or apply for a scholarship to enroll in additional activities. Please see (or call) a program coordinator for more information.



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